

For Information on how to access Government Funded Support for Care at Home or Rest-home Care...

Call the Care Coordination Centre Southern District Health Board on 03 470 9300 or 0800 627 236 to get more information

Also visit these two websites: www.southerndhb.govt.nz then search for: 'community services' www.eldernet.co.nz/Home

Local Providers of Government Funded Services include:

Healthcare NZ Call 03 448 6670

Access Home help Call 0800 284 663

Royal District Nursing Service Call 0800 736 769

Healthline Call 0800 611 116

Dunstan Hospital 03 440 4300 (Allied Health)



73 Brownston St, Wanaka | Ph. (03) 443 7799

Check out our database for information on Community Services, Community Groups and Organisations, Leisure Groups, Support Groups and Networks and lots more found on our website

www.communitynetworks.co.nz

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Useful Information for our Seniors

Superannuation

Click on 'Apply for NZ Super' at www.seniors.msd.govt.nz or call: 0800 552 002
Veteran's Pension: 0800 659 656

Selecting your Tax Code (or any Tax query)

Use the Online Calculator at www.ird.govt.nz or call: 0800 227 774 with your IRD number ready

Financial Assistance

SuperGold Card offers discounts from some business and government/local council services. Visit www.supergold.govt.nz or call: 0800 25 45 65

Accommodation Supplement

Visit www.seniors.msd.govt.nz

Community Services Card application forms are available at Community Networks or visit www.seniors.msd.govt.nz or call: 0800 999 999

Disability Allowance Visit www.seniors.msd.govt.nz or call: 0800 552 002

More specific information regarding financial assistance can be found in the 'Services for Seniors' brochure at Community Networks, as can the necessary application forms.

Help from other Organisations

Four Square now offers a same day delivery service for groceries. Call 443 7173.

Health & Disability Support Services Southern District Health Board
www.southerndhb.govt.nz or call 03 474 0999

High Use Health Card/Pharmaceutical Subsidy Card
Talk to your Pharmacist or visit www.health.govt.nz

Hearing Aid Subsidy Accessible
www.accessable.co.nz/hearing or call 0508 001 002

Home Insulation Funding
www.energywise.govt.nz or call 0800 749 782

Medical Centres: Wanaka Medical 443 0710, Aspiring Medical 443 0725
Pharmacies: Aspiring Pharmacy 443 7986, Wanaka Pharmacy 443 8000

Meals on Wheels Contact your practice nurse for a referral

Mobility Parking Scheme
www.ccsdisabilityaction.org.nz or call 0800 227 2255

Hire of mobility scooters Bruce Habit 03 443 1915. Google Central Otago Masonic Mobility Scooter Loan Scheme for all the info.

National Travel Assistance - Provides financial assistance to people who are referred to a specialist and need to travel long distances or travel frequently. Ministry of Health 0800 281 222 (press 2)

New Zealand Fire Service to help you install and check your smoke alarms
www.fire.org.nz or call 443 7602

Penny's Home Care (non-government funded) Call 03 443 1929

Rates Rebate Scheme for an application form visit www.ratesrebates.govt.nz or call QLDC on 443 0024

Seniorline - Helping older people to navigate the system
www.adhb.govt.nz/seniorline or call 0800 725 463

Total Mobility Scheme for subsidised taxi vouchers contact Community Networks for more info or to arrange an assessment on 443 7799

Help from Community Groups

Alzheimers Society www.alzheimers.org.nz or call Donna on 03 448 9056

Advocate Bob Thompson Providing assistance, representation & support
021 1872 689 or Email: bobthompson20160@yahoo.com

Age Concern Michele Stainburn - Central Otago Coordinator
(03) 448 7075 or Email: central@ageconcernotago.co.nz

Budgeting Advice Call in to Community Networks to make an appointment or call 0800 842 834

Carers New Zealand for a pack of information and advice for family carers
Call 0800 777 797 or visit www.carers.net.nz

Citizens Advice Bureau www.cab.org.nz

Family Services National Directory www.familyservices.govt.nz/directory

Lions Men: Mike Kelly 443 6330, **Women:** Judy Reid 443 4636

Mental Health Support Brief intervention through Well South PHO, ask for Tina Simmonds on 0800 477 115 or speak to your GP

Primetimers (formerly Senior Citizens) contact Helen Millar on 021 043 1054

Probus Men: Gordon Brander 443 4394, Women: Lynne Hore 443 8137

Rotary Wanaka Contact Peter Harridge 443 8957

Senior Net www.seniornet.co.nz

Social Work Referrals Available through Community Networks, call in or phone 443 7799, or contact Jenny from Family Works (PSO) on 027 631 2919

University of the 3rd Age (U3A) Contact Lynne Fegan 443 6838

Volunteering www.volunteeringcentral.org.nz or call Gillian on 443 4102

Wanaka Time Bank A way of trading skills in a community
www.wanakatimebank.org

Wheels to Dunstan For travel to Dunstan Hospital, Alexandra Eye Clinic and to catch the shuttle to Dunedin, make an appointment by calling Community Networks. (For the shuttle to Dunedin hospital, call Cromwell Resource Centre on 0800 785 276 to book from Cromwell.)

Visiting Service: 'Companionship for older people' A local project where a volunteer visits an older person on a regular basis. To receive visits or to volunteer please contact Community Networks or email championforolderpeople@gmail.com